

# SPIRITUAL BALANCE

MEDIUM JENNIFER WALLENS  
AND SHAMAN JOHN COUGHLIN

[WWW.SPIRITUALBALANCE.ORG](http://WWW.SPIRITUALBALANCE.ORG), [WWW.JENNIFERWALLENS.ORG](http://WWW.JENNIFERWALLENS.ORG), [WWW.SHAMANJOHN.WEBS.COM](http://WWW.SHAMANJOHN.WEBS.COM)

## N E W S L E T T E R

**June 11th -13th,  
2010**

**2nd Annual  
Thru The Veil- A  
Paranormal and  
Metaphysical  
Gathering in  
Atlanta GA.**

[www.throughtheveil.org](http://www.throughtheveil.org)

(readings by Jennifer and energy treatments with Shaman John will be available).

Please check my website for more details about events.

[www.jenniferwallens.com](http://www.jenniferwallens.com)

[CALENDAR / EVENTS](#)

**June 18th, 2010 -**

**An Old Fashioned Seance in the Spiritualist Tradition!** Due to the success of our last seance in May, we will be holding a monthly Seance in our home in Franklin, NY on the third Friday of each month from 7pm-9pm. Please arrive 15 minutes early as latecomers will not be admitted and the doors will be locked. The cost is \$25.00 if you prepay on Paypal, \$30.00 at the door. Reservations are required, as we will limit to 12 people, so all should get a message from Spirit. See "**Suggestions for a Good Reading**" on Page 2

**July 7th, 2010**

**Join us For "An Evening Gallery of Mediumship with International Psychic Medium Jennifer Wallens"**

July 7th, 2010 from 7pm-9pm, tickets are available for \$10.00 donation thru the Foothills Performing Arts Center or at the door. All of the proceeds will go to the Catskill area Hospice and Palliative Care and The Foothills Performing Arts Center in Oneonta, NY.

**July 17th-18th, 2010**

**Oneonta, NY First Annual Spiritual Balance Holistic Health and Psychic Fair.** Holiday Inn Hwy 23 Oneonta, NY - 10am-6pm Saturday and Sunday. Vendors will include Psychics, Mediums, Tarot readers, Reiki Masters, Energy Workers, Jewelry, Aura Photographs, etc. Don't miss it! Admission is only \$5.00 at the door. A portion of all proceeds will go to the United Way of Delaware and Otsego Counties. [For More Information.](#)

**Psychic Kids  
and their Parents**



# SPIRITUAL BALANCE NEWSLETTER

## Suggestions for a Good Reading



- Arguing or wanting things done your way makes it difficult for the medium to function effectively and may lead to failure.

- Something may make more sense by the end of the reading, or understanding of the message may come at a later time—after you have had a chance to think about it. So don't be quick to say "no" to what is given by the medium.

- A good reading should explain the philosophy of harmonious living. Mediumship is not fortune telling.

- If you wish to ask a question, or questions, meditate on them in advance of the meeting. Give spirit ample time to get an answer. No spirit claims to have an answer on the spur of the moment. After all, you are communicating with people.

- Try to put your mind at ease and relax before you seek a medium's help. It creates a better atmosphere for the reading and makes it easier for spirit to make contact.

- Let the medium proceed in his or her own manner. Don't expect your most pressing problems to be discussed at once.

- Let the medium know when they are correct. Don't attempt to confuse them. Be fair.

- The true success of a reading is not always measured by prophecy but by the guidance it provides. Prediction is possible, but you have the power to change coming events.

- Don't try to prolong a reading. The medium realizes when the forces are gone. You are always welcome to come again.

- Spirit provides evidence of identity in many different ways. It may be by name, description, relationships, incidents, etc. Be willing to verify such evidential information so the medium can proceed to any message that is to be given.

- Be positive and remember it is up to Spirit who comes though for the medium and you. The medium cannot call up a specific spirit.

- Take notes for review later, many times evidence may not be recognizable until later verification with family.

- Just because someone has passed over, does not mean they suddenly become enlightened or are smarter!

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Parts are Copied from  
Cassadaga Spiritualist Camp  
Meeting Association Website  
<http://www.cassadaga.org>

### WHAT IS THE DIFFERENCE BETWEEN A PSYCHIC AND A MEDIUM?

Everyone is psychic; it is our sixth sense which utilizes thought vibrations to obtain information. A Medium has natural vibratory energies capable of merging with spiritual energy enabling information and assistance of a higher quality to come through. This information does not come from mind or mental energy but from God through the Spirit World. A good medium should be able to give evidence of those that have crossed over as well as a message from your departed loved ones.



*"Spiritual Balance Holistic Health and Psychic Fair"  
Presented by Spiritual Balance, LLC*

**JOIN US on July 17 and 18th, 2010 for the First Annual  
Spiritual Balance Holistic Health and Psychic Fair in  
Oneonta, New York! 10am -6pm Saturday and Sunday at  
the Beautiful Ballroom at the Holiday Inn HWY 23**

**[MORE INFORMATION](#)**

**Join Shaman John and I at :**

*Through the Veil  
a paranormal and metaphysical gathering*

June 11th - 13th 2010

at the HILTON HOTEL

255 Courtland Ave. In Atlanta, Ga.

*An entire weekend of education, enlightenment and empowerment for an affordable cost!*

*Speakers, entertainment, vendors and more!*

*Auction to be held Saturday night with items from our speakers and vendors 100% of proceeds to benefit ASPCA! Canned food drive to benefit a local Atlanta Food Bank. Those who bring in 3 or more canned food items will receive a free meditation CD by Susan Rushing.*

*Jennifer will be giving spiritual psychic mediumship readings and*

*Shaman John will be giving Shamanistic Energy Treatments*



THROUGH THE VEIL  
PRODUCTIONS  
LLC

# SPIRITUAL BALANCE NEWSLETTER

**Now at  
Avalon  
Moon!!**

**Mediumship  
Readings**  
with  
Jennifer  
Wallens



**Description:** Jennifer has had psychic abilities since childhood, and as a Spiritualist Medium is able to communicate with a client's deceased loved ones. Her messages bring validation and comfort in a professional and compassionate manner.

**Jennifer's bio**

**Date & Time:** Saturdays by advanced appointment only.

**Reading Fee:** 30 minute session \$80, one hour session \$150. payable cash or check.

**Sign-up Deadline:** Advance reservation/ deposit required. *Call or stop in for details.*

**Location:** Avalon Moon, Inc.

68 Main Street  
Delhi, NY 13753  
607-746-7389



**August 14th-15th -**  
York, PA Celebrate Your  
Life EXPO - Join The  
Holistic Community of  
Central PA for our 10th  
Annual..

**Celebration  
of Life!**   
HOLISTIC EXPO & CONFERENCE

**Saturday & Sunday,  
August 14-15, 2010**  
Saturday 10am-6pm,  
Sunday 10am-5pm  
Admission: \$5 for one  
day, \$7 for both days  
Discount advanced

tickets available at New  
Visions Books & Gifts

York Expo Center, Old  
Main, 334 Carlisle Ave.,  
**York, PA**

Bill Trivett & Bob Hall,  
Co-Hosts from New  
Visions Books & Gifts,  
York, PA

Come and join us for a  
remarkable gathering of  
great people offering an  
abundance of goods and  
services to enhance your  
holistic wellness and  
your personal and  
spiritual growth! Visit  
your favorite readers and  
healers, shop from your

favorite vendors and  
attend free hourly  
lectures. Enjoy fun,  
fellowship, and  
camaraderie with a  
community of people of  
like-minds and like-  
hearts in a sacred  
atmosphere that is  
energetically healing and  
spiritually uplifting!  
Come both days! Bring  
your friends!  
Meet new ones!

**Shaman John and I  
will be giving  
Readings and Energy  
Treatments all  
weekend.**

# SPIRITUAL BALANCE NEWSLETTER

PRIVATE READINGS



**Psychic Kids  
and their Parents**

## **INTERMEDIATE/ADVANCED PSYCHIC MEDIUMSHIP DEVELOPMENT CIRCLE**

**With Medium Jennifer Wallens**

**WHICH WILL BE STARTING ON**

**MONDAY EVENING August 2nd, 2010 FROM  
7-9:00PM.**

**We will be meeting every other week in  
FRANKLIN, NY. *PLEASE CALL ME* at  
615-633-6103, If you believe you are ready  
to go to the next level with your mediumship  
skills and are interested in joining this small  
circle, It will be limited to 8 people, who can  
commit to being at each class. The cost will  
be \$20.00 per class.**

PLEASE CONTACT

SHAMANJOHN FOR RATES

ENERGY THERAPY & REIKI  
TREATMENTS ARE PER.HR.

INTUITIVE PALM READING AND/  
OR PARTIES: PLEASE EMAIL FOR

MORE INFORMATION.

ANIMAL TOTEM READINGS

GEOMANTIC PRACTITIONER  
(GEOPATHIC DOWSER)

SHAMAN JOHN'S MUSIC

SHAMAN JOHN ON FACE  
BOOK

**October 1st-31st - JOIN Shaman John and myself for readings and  
Treatments in SALEM, MA The Annual Psychic Fair and Witchcraft  
Expo is held at the Museum Place Mall, located conveniently at 176 Essex  
Street along the cobblestone outdoor walking mall in the heart of Salem's  
downtown. Admission is free! 10am – 10pm.**

**Festival  
OF THE DEAD**

**CONTACT THE OTHER SIDE.**

**SALEM, MASSACHUSETTS**

SPIRITUALIST PSYCHIC MEDIUM JENNIFER WALLENS, BA, IS A MEDIUM AND PSYCHIC ARTIST AND  
HAS TRAINED BOTH IN THE UK AND THE US DURING THE PAST 25 YEARS AS A PSYCHIC MEDIUM. SHE IS  
MEMBER OF THE NSAC, THE SPIRITUALIST NATIONAL UNION (SNU), THE INSTITUTE FOR SPIRITUALIST  
MEDIUMS (ISM) AND SNUJ.

STARTING SOON!!

# Beginning Psychic Development Course

New 12 week Course will meet weekly on Wednesday Evenings  
starting again Thursday June 17th, 2010



[www.shamanjohn.webs.com](http://www.shamanjohn.webs.com)  
Email [nyshamanjohn@gmail.com](mailto:nyshamanjohn@gmail.com)

with

Shaman John Coughlin

Energy Therapist, Reiki Master, Geomantic Practitioner,  
International Radio Show Host, Teacher, Martial Artist,  
Founder (Parents of Gifted Children)

and

Jennifer Ann Wallens,

Internationally Renowned Spiritual Psychic Medium,  
Energy Therapist, Psychic Artist and Teacher  
BA, Member NSAC, SNU, SNUI, ISM, SAGB



[www.jenniferwallens.com](http://www.jenniferwallens.com)  
Email [jenniferwallens@me.com](mailto:jenniferwallens@me.com)

Weekly Class begins on  
Thursday, June 17, 2010  
7:00 pm - 8:30 pm

Class size is limited to 20. Cost for each weekly class is \$15.00

Class will be held in Oneonta/Franklin area (as well as online video),  
details at our Meetup group website .

<http://www.meetup.com/SPIRITUALBALANCE/>

Pay day of class in cash or via Paypal link at [www.jenniferwallens.com](http://www.jenniferwallens.com) beforehand.

Please call Shaman John or Jennifer at 615-633-6103 or 607-230-4044

for more information or go to [www.spiritualbalance.org](http://www.spiritualbalance.org)

# SPIRITUAL BALANCE

## NEWSLETTER

We Welcome A Great New Product!

ZERO POINT™

**Who we are:** ZeroPoint Global (ZPG) is a close-knit group of wellness practitioners and proven entrepreneurs who recognize the profound health and wellness benefits of ZeroPoint technology as well as the serious mental and physical toll that environmental pollution, toxicity and EMF/ELF waves are exacting on our population.

ZPM was conceived from our passionate desire to increase awareness of alternative healing and preventative wellness solutions, the life-enhancing benefits of ZeroPoint and the dangers that our environment poses to the health and well being of all industrialized populations.

Ongoing research into the environment's worsening effects on our body's natural energy field is becoming more conclusive by the day. Thousands of people are reporting the astounding results that the ZeroPoint System is delivering.

We encourage you to perform your own due diligence and research, as none of this information has been approved by the FDA. Nevertheless, it is our strong belief that you will come to the same conclusions we have, that ZeroPoint technology is an immensely promising wellness solution that everyone can benefit from.

**The ZPG Mission:** ZeroPoint Global aims to help millions of people worldwide re-discover their inner energy source by harnessing the latest advances in ZeroPoint technology to develop products that result in life-changing benefits for our customers and unlimited prosperity for our consultants.

**The ZPG Vision:** Hundreds of millions of people worldwide experiencing the health benefits that ZeroPoint offers while spreading the word and creating financial prosperity along the way. Our immediate energy of intent is focused on creating 1000 new millionaires who have created personal abundance through high-level contributions to the lives of many.

To learn how you can get involved with ZPG, or to learn how you can earn a part-time or full-time income with ZPG, click one of the links below

<http://jwallens.zerointglobal.com>

<http://jcoughlin.zerointglobal.com>

